

# WEEK 1

Week commencing 2/11/15, 23/11/15, 14/12/15, 4/01/16, 25/01/16

## MONDAY

- Lamb Burger
- Sweet Chilli Quorn Burger
- Jacket Potato with Tuna & Sweetcorn

- Sides**
  - Potato Wedges
  - Winterslaw
  - Garden Peas
- Dessert**
  - Peach Crumble with Creme Fraiche

## TUESDAY

- Organic Cumberland Pie
- Vegetable & Quorn Chilli
- Fish Burrito

- Sides**
  - Lime & Coriander Rice
  - Organic Carrots
  - Broccoli
  - Onion Bread
- Dessert**
  - Chocolate Orange Slice

## WEDNESDAY

- Cheese & Tomato Pizza
- Crispy Salmon Fishcake
- Jacket Potato with Baked Beans

- Sides**
  - Lemon Couscous
  - Roasted Tomato
  - Corn on the Cob
- Dessert**
  - Crunchy Berry Stack

## THURSDAY

- Roast Chicken & Yorkshire Pudding
- Quorn Fillet & Yorkshire Pudding
- Pasta in Tomato Sauce

- Sides**
  - Roast Potatoes
  - Cauliflower
  - Winter Root Vegetables
- Dessert**
  - Cherry Shortbread

## FRIDAY

- Harry Ramsden Battered Fish
- Cheese & Bean Tortilla
- Jacket Potato with Winterslaw

- Sides**
  - Chips
  - Sweetcorn
  - Baked Beans
  - Farmhouse Loaf
- Dessert**
  - Fresh Fruit Salad Platter



Organic yoghurt, seasonal fruit selection and salad bar available daily

# WEEK 2

Week commencing 9/11/15, 30/11/15, 11/01/16, 1/02/16, 22/02/16

## MONDAY

- Sausages & Gravy
- Vegetarian Sausages & Gravy
- Jacket Potato with Tuna & Sweetcorn

- Sides**
  - Mash Potato
  - Green Beans
  - Baked Beans
  - Onion Bread
- Dessert**
  - Sweet Waffle with Pineapple Sauce

## TUESDAY

- Chicken Curry
- BBQ Flatbread
- Sweet Potato & Lentil Pasta

- Sides**
  - Basmati Rice
  - Sweetcorn Salsa
- Dessert**
  - Iced Mango Finger

## WEDNESDAY

- Moroccan Turkey Tagine
- Four Cheese Pasta Parcels with Cheese Sauce
- Jacket Potato with Baked Beans

- Sides**
  - Mint Couscous
  - Organic Carrots
  - Courgettes
  - Tomato Bread
- Dessert**
  - Mandarin Fruit Jelly

## THURSDAY

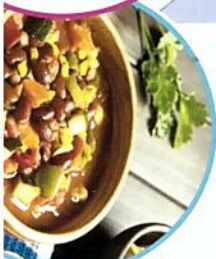
- Organic Beef & Onion Pie
- Cheese & Potato Turnover
- Filled Yorkshire Pudding

- Sides**
  - Baked New Potatoes
  - Mixed Veg
  - Broccoli Florets
- Dessert**
  - Organic Carrot Slice

## FRIDAY

- Fish Fingers
- Quorn Fajita Wrap
- Jacket Potato with Winterslaw

- Sides**
  - Potato Wedges
  - Garden Peas
  - Baked Beans
  - Wholemeal Bread
- Dessert**
  - Fresh Fruit Salad Platter



# WEEK 3

Week commencing 16/11/15, 23/11/15, 10/12/15, 17/12/15, 24/12/15, 31/12/15

## MONDAY

- Organic Sausage Roll
- Vegetable Sausage Roll
- Jacket Potato with Cheese

- Sides**
  - Mash Potato
  - Green Beans
  - Baked Beans
- Dessert**
  - Ice Cream Roll

## TUESDAY

- Organic Spaghetti Bolognese
- Winter Frittata
- Stuffed Tuna Wrap

- Sides**
  - Vegetable Rice
  - Organic Carrots
  - Broccoli Florets
  - Garlic Bread
- Dessert**
  - Chocolate Brownie

## WEDNESDAY

- Southern Style Chicken Fillet
- BBQ Quorn Fillet
- Jacket Potato with Tropical Slaw

- Sides**
  - Diced Potato
  - Garden Peas
  - Organic Carrots
  - Onion Bread
- Dessert**
  - Fresh Fruit Smoothie

## THURSDAY

- Traditional Roast Beef with Yorkshire Pudding
- Vegetable Balls in Onion Gravy
- Sweet Potato & Red Onion Pasta

- Sides**
  - Roast Potatoes
  - Roasted Veg
  - Cabbage & Swede
- Dessert**
  - Banana Cake Slice

## FRIDAY

- Peppered Fish Strips
- Cheese & Red Onion Quiche
- Jacket Potato with Baked Beans

- Sides**
  - Chips
  - Baked Beans
  - Garden Peas
  - Soda Bread
- Dessert**
  - Fresh Fruit Salad Platter

Included in your £2 is freshly baked bread and self-service salad bar

-MSC labelled fish are from sustainable sources

